

Quarter Times

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Issue 7 Wednesday 24th April

Important Dates and Reminders:

Thursday 25 th April	ANZAC Day Public Holiday – No Students
Friday 3 rd May	School Photo Day
Monday 6 th May	5/6 Science Incursion
Wednesday 8 th May	Mothers Day Stall
Wednesday 8 th May	District Athletics
Friday 10 th May	Mothers and Special Others Picnic
Monday 13 th – Friday 17 th May	Education Week and Book Fair
Wednesday 15 th May	Indian Principals Visit
Friday 24 th May	Pupil Free Day - Assessment and Reporting

ANZAC

ANZAC Day is one of Australia's most important national occasions. It has been commemorated since 1916. We commemorate rather than celebrate Anzac Day because we are remembering something that is important but also has sad feelings for many people. Our student leadership team led by our School Captains, Rhema and Amandeep organised a wonderful whole school assembly to commemorate ANZAC Day and acknowledge the sacrifices made by our service men and women.



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Principals Message

Dear Families,

Uniforms

Welcome back to term 2. As the weather becomes cooler, please make sure that your child is dressed appropriately for the colder and wet weather. **A reminder that leggings are not part of the uniform and should not be worn.** We take pride in our uniform, and we have high expectations around wearing the correct uniform. Save your leggings for out of school dress. Please ensure you are wearing track pants or cotton pants/trousers instead.



Indian Principals' Visit

May is a very busy month for our school – cross country, Mothers' Day, photos AND my Indian Principal colleagues will be visiting QPS on Wednesday May 15th. Last year I had the pleasure of visiting Sanskriti School in New Delhi with Richa Sharma Agnihotri. Richa, Rashmi Malik (Salwan Public School, Gurugram), Aditi Misra (Delhi Public School, Gurgaon) and Swarnima Luthra (ASN Senior Secondary School) will also be visiting with their Victorian Principals.

We hope to have an assembly, visit classrooms, chat with parents and have a lovely lunch before visiting Clyde Creek PS. It is a quick visit and more details will follow.



Sikh Volunteers Australia Award



During the holidays, I had the pleasure of representing QPS to receive a recognition award from Sikh Volunteers Australia. On behalf of QPA, I thank the Sikh Volunteers Australia Community for their recognition of the work we do around multiculturalism.



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Parking for drop off and pick up at back and front gates.



Due to the limited parking at each gate and the busyness of the traffic, please supervise your child/ren getting in and out of the car. This means you need to get out of the car. Families are contacting the office about the unsafe parking and road behaviour at drop off and pick up. The City of Casey has been informed so be mindful that parking inspectors may be visiting on a regular basis. The back gate



in particular has narrow parking and students are walking onto the road from between parked cars without parent supervision. We also have a lot of our students riding bikes entering that gate. No one wants an accident to happen, let alone an accident to your child/ren – please be vigilant and park safely and escort your children across the road.

ANZAC DAY



Today we acknowledged the contribution of our nation's women and men of the armed services in a whole school assembly. This was led by our school leaders and each class laid a tribute as a sign of respect. ANZAC DAY is such a poignant day in our history and New Zealand's history and we acknowledge it to ensure all generations remember and understand the sacrifice made by our armed services each and every day.

I would also like to thank Cassandra Fernando MP (Member for Holt) for supplying the school with a new set of flags that we flew in honour of ANZAC DAY for the first time today.

Enjoy the ANZAC DAY public holiday as the school is closed.

Take care,

Liz Davey

Principal



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Teaching and Learning News



Teaching & Learning at QPS

It was the staff's turn to do some learning during our first student free day of the year. We were fortunate enough to have Dr Margarita Breed come and teach us all about the

The Big Ideas in Number:

including Trust the Count, Place Value, Additive & Multiplicative Thinking and Partitioning (Fractions)

The staff learnt lots of new and engaging ways to teach numeracy in the classroom and came away with many new resources to use to support their planning of differentiated maths activities for our students.



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Wellbeing News

World Autism Awareness Day – 2nd April

On Thursday 28th March Quarters Primary School turned into a sea of colour to celebrate World Autism Awareness Day. We're incredibly proud of the effort students, families and staff put in to acknowledge and celebrate neurodiversity within our school community. Well done QPS!



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Introducing Occupational Therapist – Courtney Graf

Quarters Primary School is fortunate to have welcomed Occupational Therapist, Courtney Graf to our team in 2024. Courtney will visit Quarters Primary School each Tuesday to provide staff training, support and strategies as well as supporting those students identified as needing additional support in one or more of the following areas:

- Fine motor skills and handwriting
- Gross motor skills
- Social and play skills
- Emotional regulation
- Sensory processing

If you see Courtney around the school, please say hello and give her a QPS welcome!

Hello from Courtney.....

Hi, I'm Courtney and I'm going to be starting at your amazing school in Term 2. I am an Occupational Therapist (OT), and work with children on their fine and gross motor skills, social and emotion skills, sensory processing and many more! As an OT, we help children, their families and teachers, develop new skills and strategies that help with learning, and being able to do the activities they want or need to do.

A little bit about me, I like to have lots of fun, and play lots of cool games too! I have a dog named Presley. I go for the Richmond Tigers in the footy. My favourite food is all foods, and my favourite sport is basketball.

I am looking forward to starting at Quarters Primary School, and meeting lots of new people.



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Attendance and Uniform

Attendance Matters!!!

Spotlight on Punctuality

Punctuality- It is important that your child attends school every day and on time. Arriving late to school is unsettling for children and disrupts the start to their day. Did you know? 10 minutes late every day = 33 hours lost learning each year!!

Routines - The easiest way to ensure your child attends school on time every day is to establish a GOOD EVENING AND MORNING ROUTINE. If mornings are hectic in your household, prepare as much as possible the night before. The school day starts at 8.50 am.

If your child arrives after this time, then you MUST take your child to the Main Office to sign them in late. These late procedures are in place so that every child is entered onto the register correctly and can be accounted for in the event of an emergency. This is to ensure the health and safety of YOUR child, so please make sure that these procedures are followed at all times.

Tips to help you get to school on time every day:

- Make sure your child understands why school is important.
- Show your child that you are interested in what they have done at school.
- Get everything ready the night before school.
- Arrange appointments before or after school or during the school holidays.
- Join breakfast club on Tuesdays and Thursdays.

Congratulations!!

A Big congratulations to all the learners who had 96% or better attendance for week and a half of the Term 2.

Well, done to Prep B, 1/2A, 5/6C for great attendance on our ATTENDANCE LADDER!!

Breakfast Club

A reminder for all families that Breakfast Club runs on a Tuesdays and Thursday's morning between 8:10am and 8:40am. Breakfast Club closes at 8:40am to allow students, and the staff running Breakfast Club, to be ready to go in their classrooms at 8:50am.



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School Celebrations

MOTHER'S DAY STALL

Stall Date: Wed 8th May, 2024

Cost: \$5 per gift

Payment Type: Cash Only

Payment Due by: Wed 8th May

Please provide correct money in a
clearly labelled envelope.

One gift per child.



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Please join us for a

Mother's and Special others Picnic

10th May 2024
12.00 - 12.40 pm

**Bring along a picnic and share
with your loved ones**

10 Morningside Boulevard, Cranbourne West



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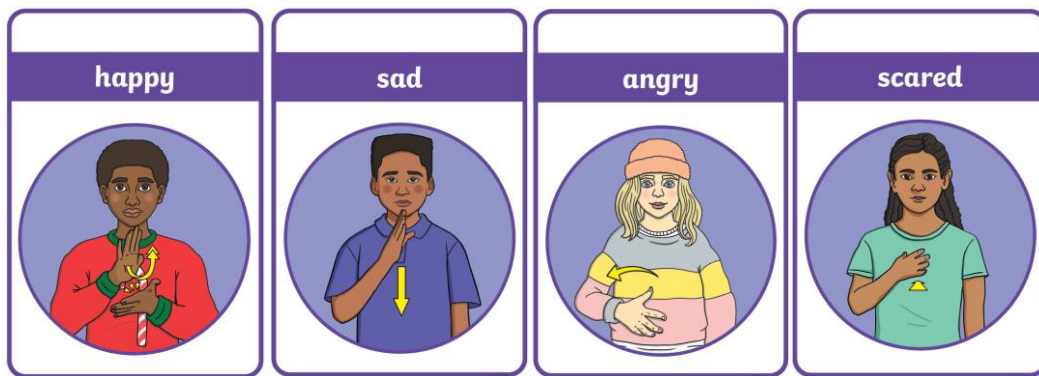


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Specialist News

This term, the students of QPS have begun to learn about different emotions and feelings we can have and how to sign them. The different classes have brainstormed some amazing feelings we can have including happy, sad, angry, grumpy, tired, disappointed, proud, scared and anxious just to name a few. We have also discussed that we can feel different emotions and it is ok to not always be happy. We will have the opportunity to practise our new skills through different games in Auslan class, as well as talking with our peers throughout the day.



DISTRICT CROSS COUNTRY 2024

30 superstar runners went to Casey Fields to compete in the District Cross Country. It was a cold and rainy day, but all learners showed fantastic determination and demonstrated our school ACHIEVE values beautifully. We are so proud of all our runners.

Big congratulations to all students who participated on the day. Thank you to Mr Carroll, Mrs Warner, Mrs Hutchinson and Mrs Tormey for attending the Cross Country with our 30 runners.



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Community News

order your school photos now

to order visit: www.advancedlife.com.au

enter code: 35A 7M9 NYL



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**or collect a cash order envelope
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POSITIVE STRATEGIES FOR PARENTING CHALLENGES

PARENTS BUILDING SOLUTIONS

Presented by Parentzone in collaboration with PRONIA

JOIN US FOR OUR HELPFUL "HOW TO..." PARENTING WORKSHOPS

Session One - How to Parent Teens

Explore positive parenting strategies to partner with your teen(s) to improve communication and cooperation, collaborate on developing boundaries, rules and consequences, and support them in making positive choices.

Session Two - How to Manage Anxiety

Some anxiety is normal - but when does it become problematic? Join us to explore this question, and strategies for responding to anxiety in our families in positive ways that promote problem-solving, healthy thinking and resilience.

NOTE: These parenting sessions are general in nature, and seek to create an environment where parents are learning from one another. We aim to equip parents with transferable knowledge and skills, but the sessions do not address specific issues such as neurodiversity.

DATE: Tuesday, 23rd April (Session One)
Tuesday, 25th June (Session Two)

TIME: 12.15 p.m. - 1.30 p.m.

WHERE: Online (Zoom)
Please note: this session will **not** be recorded

COST: FREE

For more information, contact:
Carey Cole - 0437 428 281
carey.cole@anglicarevic.org.au



Only register once to attend one, or both, sessions:
<https://events.humanitix.com/pbsproniaterm2-positivestrategiesforparentingchallenges>

Registrations close at 4.00 p.m. the day before



anglicarevic.org.au

www.pronia.com.au



PARENTS BUILDING SOLUTIONS DEALING WITH FEELINGS

MANAGING OUR OWN, OR OUR CHILDREN'S, EMOTIONS POSITIVELY IS DIFFICULT!

- Do you, or your child(ren), feel worried and anxious?
- Do you recognise your own, or your child(ren)'s triggers?
- Would you like to stop yelling (you and/or your child(ren)?)
- Would you like strategies to help your children manage their big feelings?

If your answer to any of these questions is "Yes!", please join us for this parenting session.

DATE: Wednesday, 24th April

TIME: 9.15 a.m. - 11.00 a.m.

WHERE: Cranbourne Carlisle Primary School
15 Silky Oak Drive
Cranbourne

COST: FREE!

For more information, contact:
Carey Cole - 0437 428 281
carey.cole@anglicarevic.org.au



OR
Register using the QR code or this link:
<https://events.humanitix.com/pbsproniaterm2-positivestrategiesforparentingchallenges>

Registrations welcome on the day



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OUR TIME- SUPPORTED PLAYGROUP

A supported playgroup for parents who have experienced mental health challenges and their preschool children

- Meet other parents and share ideas
- Build social connections, have some refreshments, learn parenting tips and access resources.
- Help to feel closer to your child and understand what they need
- Play and have fun with your child
- Caring for ourselves

DATE: Tuesday 16th April- 28th May
(During School term)

TIME: 9.30am-11.30am

WHERE: Frankston area

BOOKINGS AND ENQUIRIES:

Iris Guasch- Parent Resource Coordinator
Email: iris.guasch@anglicarevic.org.au or Call/
text 0436 007 492 to book.

Sarah Dickenson- FaPMI Coordinator
Email: fapmi@phcn.vic.gov.au
text 0439 336 808

PARENTZONE



anglicarevic.org.au

BETTER TOMORROWS



Baby Makes 3

Maintaining Healthy Relationships during the transition to parenthood

Cranbourne Communities for Children Initiative is funded by the Australian Government

Baby Makes 3 helps couples maintain a healthy relationship after the arrival of their baby.

DATE: TUESDAYS 23, 30 April & 7 May 2024

TIME: 6.00 - 8.00 p.m.
(Light Meal Provided)

WHERE: Cranbourne West Community Hub ,
4 Flicka Boulevard, Cranbourne
West, VIC 3977

COST: Free! Bookings are essential

The program helps parents to:

- Understand what it means to become a parent and the impact it may have on their relationship
- Develop a greater respect for each other's roles and improve communication
- Share their experiences and hear from others who are going through the same journey



Register Expression of Interest
<https://events.humanitix.com/baby-makes-3-program-7>
OR using the QR code,
or contact Jasbir Singh Suropada
0438 004 285 or
jasbir.suropada@anglicarevic.org.au

Parent's Feedback:-

"Learning how to go from a relationship of two to three and all the things in between"
"Very good program, would be good for every new relationship"
"It's very informative and a great way to transition into parenthood"

In partnership with



Baby Makes 3-Winner of VicHealth's prestigious
Outstanding Health Promotion Award for 2022

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Parenting Today - Online Group

Free Weekly program for Mums, Dads, Step-Parents, Grandparents and carers.

Tired of screaming with the kids?

DATE: Wednesday 24
April-29th May

Come along to one or more sessions to discuss concerning and challenging issues about parenting today.

TIME: 10-11 am

WHERE: Online via
Zoom

COST: Free

- Setting positive rules and consequences
- Managing Tantrums
- Dealing with Feelings
- Managing Anxiety
- Other topics that you come up with

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